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## CURE FOR YELLOW FEVER.

The following has been sent to New Orleans and Memphis :

I have not been able to act nor speak, but if I had had charge of a hospital in New Orleans or Memphis just now, I should have had all the patients sit or lie without garments, and I should have passed from one to another, dipping my hands in hot water, and wetting his or her body all over, leaving it to dry without wiping, thus evaporating the heat and cooling the system: if there had been fifty patients, I should have gone the whole round, not taking five minutes, if need be: then changing the water for fresh (or I might have changed it two or three times already), I should have gone the round again, and so on: and it would not have taken long, certainly not an hour, to have them all so cool, that then I should have gone round and *rubbed* them all vigorously with my *dry* hands: thus I should have alternated, first needed cooling, and then thorough friction, of course having doors and windows all open, and the patients encouraged to drink all the cold (not ice), cool or even hot water they would, and this reduction of fever and rubbing the body taking care of and putting an end to all vomit. I should think I fell below, if I alone could not cure any fifty fresh patients, for if some of them were already half dead, *they* would require more, perhaps rubbing and working at *all* the time, till they rallied; but with nurses enough to help, five hundred could be cured as easily and certainly as fifty. And if I began to be feverish myself, I should do all this with no garments on my own body, every now and then wetting myself as I did the rest. The *yellow* is nothing, and not a particle of medicine is needed, but it must be hot or warm water, not cold, for that would compel reaction and bring back the heat. Wash your face in hot water, and how cold it is afterward, as against burning so after washing in cold water or snow; just as the washer-woman's hands after being in the tub, almost freeze when she goes to hang out the clothes; and just as the backwoodsman, when there is not a breath of wind, not even enough to know in what direction it

is, puts his finger in his mouth and holds it up in the air, the evaporation of that *warm* saliva on his finger, instantly making him feel the cold and which way it comes from! A man's whole body kept wet with hot water evaporating in the open air, would kill him in a very moderate length of time—chill him to death; and on the other hand, *rubbing* is just what would always cure chilling, making evaporation and rubbing the two things beyond all others in fever. But therefore, with fever considerably cooled off, only the *trunk* may need the hot water, for *there* is the principal heat of the body, so that now putting the water on the extremities may have the tendency to chill them: the trunk the great place for the water, but the *whole* person for the friction, and often, *particularly* the extremities. And so *cold* water would cure, applied all the time (preventing reaction), or with constant *rubbing* (preventing chill), but that would require almost as many nurses as patients.

It is very simple, men in one hospital and women in another, or both separate in the same; while in *home* treatment, the members of a family are so dear and true to each other, that in an extremity like this, they would cure and save themselves mutually, without *minding* Sex—as at last, to the *physician*, distinction of male and female *anywhere*, drops out of sight in the necessity to put a stop to this awful destruction! Hot water and rubbing, as so quick and easy, are more than everything else; and they do not leave it to be a two or three days' disease, but on the contrary, they make short work of it, so that every family, commencing in season, can treat and cure all its own members, without any doctor. Not only, none need die, none need fear! If it is simple, it is philosophy, and in being that, it is Nature and omnipotence.

JOSEPH TREAT, M.D.

And the following note was sent with the above:

If I could have been in New Orleans or Memphis, I should have cared no more for Yellow Fever on my own account, than if there had never *been* such a thing; and I should have known that Nature could cure everybody else as well as myself, and that therefore there was no need of the

death of a single one. I should at once have given (as I used to in various parts of the country,) free public lectures (which would have been reproduced in all the papers), teaching all beforehand, *just what to do and how to do it*, not to have a single person die of the disease; and having personally nursed in fevers, small-pox and almost all diseases, as I never knew any other doctor nor any other man do, I should have known how to organize the whole movement, create confidence, and make success complete. It is shamefully against us not to know how to prevent people dying so—one day they will call it outright murder! So I send an outline—the *idea*—the *treatment*—enough to do up the whole, if carried *out*. People have only to *try* it to see for themselves. I literally should think nothing of having fifty fresh cases brought to me to-morrow morning. Those not yet attacked may be insured—those just taken may all be cured—nearly every one now *alive* might be, if *somebody* could just stick to him and cool and *rub* him, especially the last.

Yours to help stop this awful havoc,

J. T.

No. 62 HESTER-ST., NEW-YORK, SEPT.

P. S.—Fifteen years ago, when I delivered Doctor's Lectures—prescribing and illustrating cure for all diseases, particularly Yellow Fever with the rest—in a number of the principal county-seats in Iowa, including State University and Mt. Vernon College, having Presidents and Professors or their families for my patients, those who heard me requested me to write out all in a book, which I did, and had it been published, it would have put a different face on this whole matter of Yellow Fever, Small-pox, Cholera, &c., for all these are easily curable; and not only, true Science *will* make nothing of even *any* disease, in its power to control and perfectly antidote all, but even now, Science can *do* this, though the recognized Scientists may not have reached the result. But I was called off from the book before it was fairly finished, and have since devoted myself almost exclusively to Scientific investigations in other directions; while still more recently, I have given myself and all I am to efforts in behalf of the *poor*, till now I am down along with, and part of, the very *lowest* humanity, striving to help all to *rise*. Had it not been for this, I would have been with you in New Orleans or Memphis, as soon as there was need. But if people will take right hold, and carry this *out*, they can cure themselves if *nobody* comes: there are enough *everywhere* in the South, to cure all, and not let anybody die. I speak what I know, and feel, and what my *love* makes me say!

J. T.











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